

# MARYLAND CENTER for SCHOOL SAFETY

## Weekly Tabletop Exercises

**Date:**

**Facilitator:**

**Participants:**

**Which part of your Emergency Plan are you reviewing:**

**Scenario:** During the last period of the day, a student began exhibiting signs consistent with hallucination, claiming George Washington was sitting in the classroom reading off the Constitution of the United States. After her teacher tried to calm her down, and realized that the student was sweating profusely, she had another student escort her to the nurse's office. Once in the nurse's office the student became unresponsive. 911 was immediately called.

School officials were notified later that evening that the student had overdosed on Benadryl and passed away.. After a quick google search, the staff discovered that taking high doses of Benadryl was a new Tik Tok challenge. The next day at school, staff interviewed a few of the students' friends and determined that she began taking the Benadryl at home yesterday morning, but then kept taking it throughout the school day. All the students confirmed that they were aware of the challenge, and that some had contemplated doing the challenge themselves.

BEFORE	DESCRIBE MAJOR DETAILS ABOUT THE INCIDENT
What are the initial actions?	
Who is involved?	
Who is affected?	
Who is responsible for responding to the situation?	



# MARYLAND CENTER for SCHOOL SAFETY

DURING	DESCRIBE MAJOR DETAILS ABOUT THE INCIDENT
What additional problems does this cause?	
Is the situation escalating or de-escalating?	
What information do you need?	
Who else needs to know? How will you deliver this information?	

AFTER-ACTION	DISCUSS IMPORTANT DETAILS ABOUT THE INCIDENT
What was the plan?	
What were the strengths? Weaknesses?	
What was learned?	
How do you improve?	

RESOURCES



Visit [SchoolSafety.Maryland.gov](https://SchoolSafety.Maryland.gov), go to "Resources", then "Training & Exercise"



CONTACT INFO



**Brittani Ayers**, School Prevention and Intervention Specialist [brittani.ayers@maryland.gov](mailto:brittani.ayers@maryland.gov)

